

Amazing Thailand  
Amazing Arokaya  
Amazing Value

Chachoengsao, Thailand

*Live life longer*



Prices and packages inquiries from tour operators or personal customers welcome.

call +66 2318 7008

Visit our website : [www.rainbowarokaya.com](http://www.rainbowarokaya.com)  
or email us on : [marketing@rainbowarokaya.com](mailto:marketing@rainbowarokaya.com)

  
**RAINBOW AROKAYA**  
Holistic Health Paradise

**Rainbow Arokaya Holistic Longevity Center**

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**RAINBOW AROKAYA**  
Holistic Health Paradise

Only one hour from "Suvarnabhumi"  
New International Airport.





## RAINBOW AROKAYA

Holistic Health Paradise.

*T*hailand is now recognized world wide as a destination catering for all aspects of medical and cosmetic procedures as well as being the central hub of tourism in Asia.

Experience our high quality holistic health & longevity resort.

The services at Rainbow Arokaya offer a wide range of holistic body treatments and packages tailored to maintain excellent health now and in the future with our unique approach to preventing many sickness and health problems as we all grow older. Our concept helps to slow the aging process and promotes new ways and ideas for the 21st century.

**The best thing about Arokaya  
is you will feel..**

# AROKAYA

## Natural-Heat Retreats

Volcanic Detoxifying Chi Sand Spa & Dome Sauna offer a wealth of holistic health experience to help you reach a deeper dimension of well-being detoxification to harmonize and mobilize self healing.

Medical Hydrology Mineral-bath provides the whole body with good hydraulic massage.

**Health benefits :** Improve the immune system, promote blood circulation and optimize metabolism. Loss weight and get rid of toxins. Essential for beauty skin growth, relaxation and enjoyment. To help maintain good health and well-being.

## An Advanced Physical Motion therapy

Balance Body Posture technique by Rainbow Arokaya. Helps stop root cause of chronic pain by correcting the imbalance of muscle, bone and nervous system.

Holistic Massage techniques including neuromuscular and connective tissue manipulation to give an invigorating yet relaxing treatment.

**Health benefits :** Improve muscle tone, restores mobility and ensures elimination of waste products. Increases circulation giving an efficient supply of oxygen and nutrients to all parts of the body which is vital for the healthy functioning of the organs and systems.

## Hydro-aerobic & Fitness Class

Rainbow Arokaya instructs in stretching exercises, proper posture and passive movement of affected areas.

**Health benefits :** Increase joint & muscle mobility. Enhance flexibility & realigning posture to relieve pain and discomfort function of the body.

## The Power of Mind Therapy to Transform Your Life

Healing Meditation Class helping you to understand how to lead a healthier & happier life.

## Sleep Well and Well being in the Unique Bio-energy Room

Our accommodation provides high density Far-infrared fabric bedding. This helps to support the back, spine and vertebra through the body.

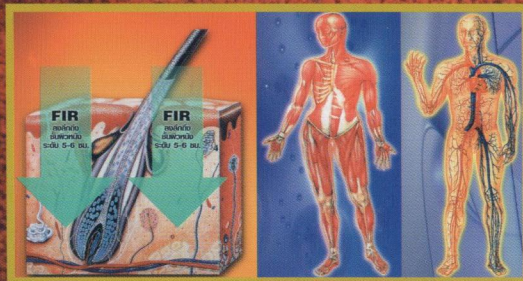
**Health benefits :** Giving a healthy deeper relaxing and longer nights sleep, while waking up feeling rested, refreshed and revitalized.



Volcanic Detoxifying  
"Chi Sand Spa"



Far-infrared  
Dome Sauna



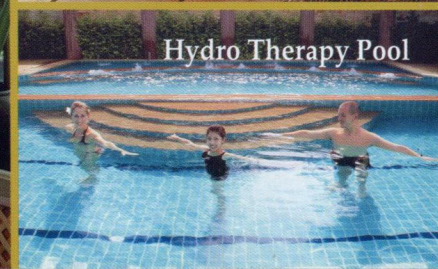
Fir & Minus Ion Theory



Holistic Massage



Mineral-bath



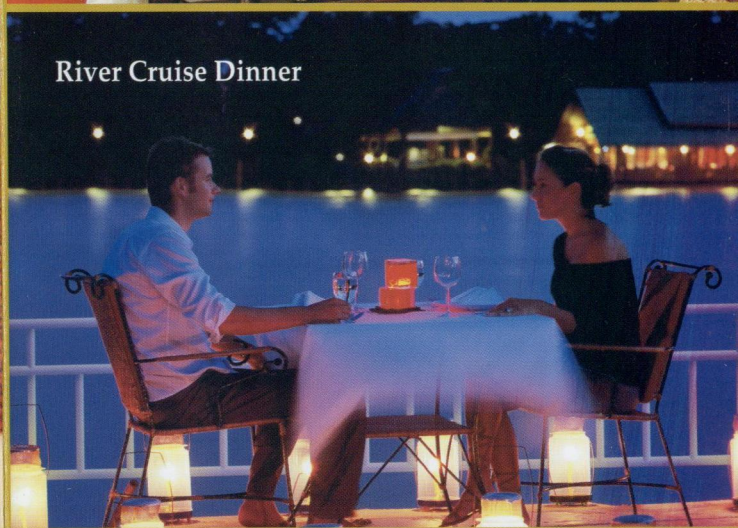
Hydro Therapy Pool

Physical Motion Therapy

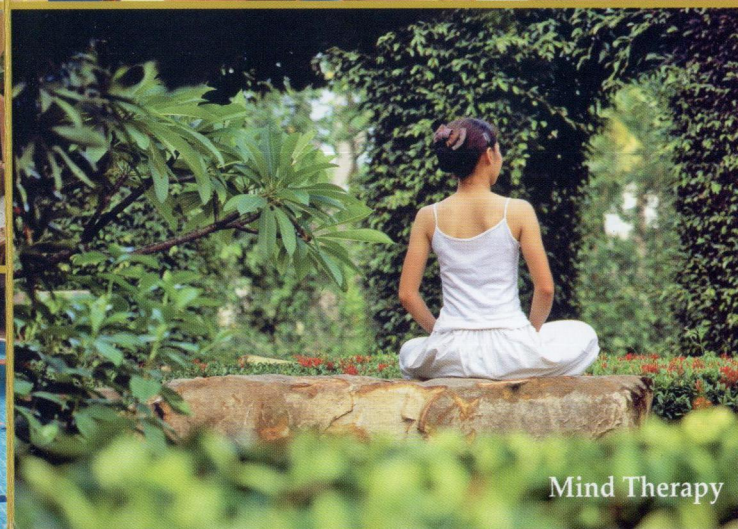




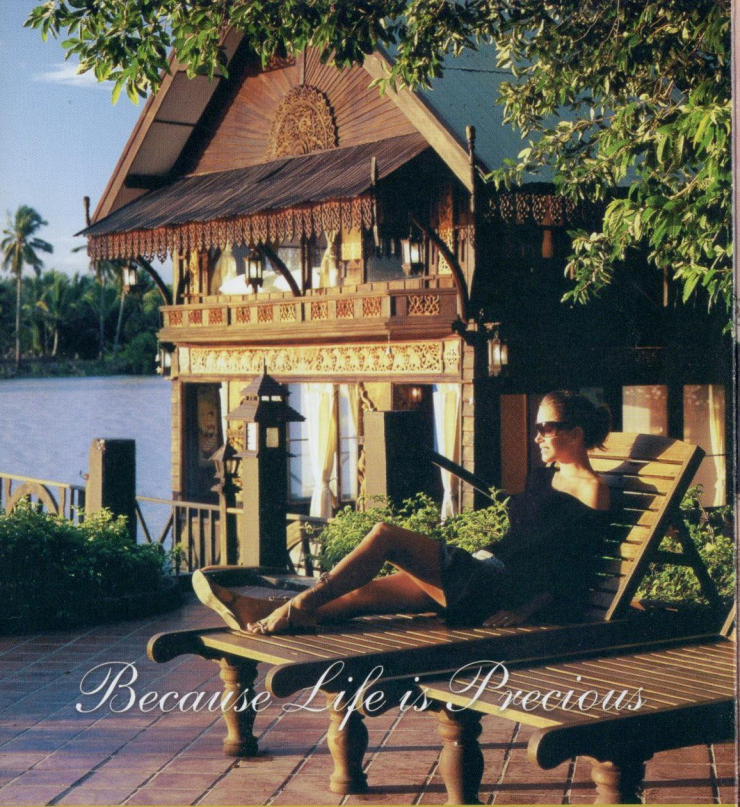
Far-infrared Accommodation



River Cruise Dinner



Mind Therapy



*Because Life is Precious*

## **7 Reasons why people should stay at Rainbow Arokaya**

- Natural detoxification by latest nano-technology "Chi Sand Spa" for health & beauty.
- We change your posture, you change your life with Physical Motion Therapy.
- Use food as medicine.
- The unique eastern longevity resort with wellbeing far-infrared accommodation.
- The power of mind therapy to transform your life.
- Benefit from 14-rye of positive land and the healing power of the greenery landscape.
- Relax amongst nature alongside the beautiful Bang-pa-kong river.

**We can help you... to help yourself.**

Chill Out or Slim Down and Change Lifestyle to gain optimal health and reduce the chance of chronic diseases with our holistic longevity health programs. Cancer care, Weight loss, Diabetes, Stress Management, etc.